



Substance Abuse and Mental Health Services Administration
www.samhsa.gov

An Agency of the U.S. Department of Health and Human Services

SAMHSA ***News Release***

For Immediate Release
July 25, 2008

Contact: SAMHSA Press Office, (240) 276-2130
www.samhsa.gov

SAMHSA's NREPP Posts 100th Program Review

SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP) has added two programs, bringing to 100 the number of evidence-based programs on the NREPP system. NREPP is a searchable database with up-to-date, reliable information on the scientific basis and practicality of mental health and substance use interventions. The two programs are:

#99 - Cocaine-Specific Coping Skills Training - developed at the Center for Alcohol and Addiction Studies at Brown University, this intervention uses cognitive behavioral and support strategies to successfully reduce or eliminate cocaine and alcohol use among program participants.

#100 - Not On Tobacco - initially developed at West Virginia University and adopted nationally by the American Lung Association, this school-based intervention has enabled thousands of teens to stop smoking.

Launched in March 2007, NREPP (www.nrepp.samhsa.gov) is part of SAMHSA's efforts to help community organizations and state and local officials make informed decisions about evidence-based interventions for the prevention and treatment of mental and substance use disorders. Approximately 15,000 individuals visit the NREPP Web site each month.

"NREPP has emerged as a leading source of information on evidence-based services to prevent and treat mental and substance use disorders in community-based settings," said Terry Cline Ph.D., SAMHSA Administrator. "The continued growth of NREPP will provide even more options for organizations interested in adopting proven and effective interventions."

Key features of the NREPP system include:

- Custom searches using keywords, topics, target populations, and service settings;
- Details on each intervention including a brief descriptive summary, the types of outcomes achieved, the costs and history of implementing the intervention, and the complete contact information for the intervention developer;
- Two independent expert ratings for each intervention – the first assessing the quality of research supporting specific intervention outcomes, and the second assessing the availability of implementation and training materials to support adoption of the intervention in routine service settings.

NREPP supports SAMHSA's Science and Service Initiative, which promotes greater adoption in routine clinical and community-based settings of those services that science has demonstrated to be effective in preventing and treating mental and substance use disorders. SAMHSA collaborates with the National Institute on Drug Abuse, the National Institute on Alcohol Abuse and Alcoholism, and the National Institute of Mental Health of the National Institutes of Health on this effort.

Between 40 and 50 new interventions are expected to be added annually to the NREPP system.

For more information about NREPP ratings, how to use NREPP to identify specific interventions, or how to submit an intervention for review, visit the Web site at www.nrepp.samhsa.gov; contact NREPP at 1-866-43NREPP (1-866-436-7377); or send an e-mail to NREPP@samhsa.hhs.gov.

###

SAMHSA is a public health agency within the U.S. Department of Health and Human Services. The agency is responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment and mental health services delivery systems.